

Base Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Menu Name: SECONDARY LUNCH

Include Cost: No

Site:

Report Style: Detailed

Monday - 03/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000144 BOSCO CHEESE BREADSTICKS SEC	2 STICKS	1	456	*4	52.07
000915 BOSCO STICKS PEPPERONI	2 STICKS	1	480	6	58.00
001060 TORNADOS RANCHERO	SERVING	1	360	2	46.00
001062 TORNADOS SOUTHWEST	EACH	1	170	1	23.00
Weighted Daily Average			1466	*13	179.07
% of Calories				*3.5%	48.9%
Weekly Nutrient Guideline			750 - 850		

Tuesday - 03/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000804 CHICKEN SANDWICH CRISPY	SANDWICH	1	240	*3	23.00
000911 CHICKEN SANDWICH SPICY TYS	SANDWICH	1	120	3	22.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000309 GARLIC CHEESE BREAD PIZZA	PIECE	1	330	2	30.00
Weighted Daily Average			690	*8	75.00
% of Calories				*4.6%	43.5%
Weekly Nutrient Guideline			750 - 850		

Wednesday - 03/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000398 BBQ PORK ROAST W/BUN	SERVINGS	1	462	*3	30.23
000342 MOZZARELLA CHEESE STICKS	6 STICKS	1	320	2	37.00
Weighted Daily Average			782	*5	67.24
% of Calories				*2.6%	34.4%
Weekly Nutrient Guideline			750 - 850		

Thursday - 03/05/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001033 TACO w/SOFT & CRUNCHY SHELLS	1/2 CUP	1	319	*1	17.36
000564 RAVIOLI TOASTED BEEF	4 PIECES	1	248	1	26.78

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001146 GARLIC TOAST	SLICE	1	160	0	17.00
Weighted Daily Average			726	*2	61.14
% of Calories				*1.1%	33.7%
Weekly Nutrient Guideline			750 - 850		

Friday - 03/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000858 PIZZA BIG DADDY BOLD	SLICE	1	400	6	43.00
000635 PIZZA BIG DADDY W/ PEPPERONI	SLICE	1	466	6	43.00
000637 PIZZA BIG DADDY W/SAUSAGE CRUM	SLICE	1	456	*6	43.00
000991 FISH FILET SANDWICH	SANDWICH	1	280	4	38.00
Weighted Daily Average			1601	*22	167.00
% of Calories				*5.5%	41.7%
Weekly Nutrient Guideline			750 - 850		

Monday - 03/09/2020

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
001150 CHICKEN ALFREDO	2/3 CUP	1	353	*5	35.51
001146 GARLIC TOAST	SLICE	1	160	0	17.00
000846 FRENCH TOAST STICKS	4 STICKS	1	300	15	43.00
001022 SYRUP PANCAKE	TBSP	1	46	4	12.06
000998 SAUSAGE LINK	2 LINKS	1	240	0	0.00
Weighted Daily Average			1099	*24	107.58
% of Calories				*8.7%	39.2%
Weekly Nutrient Guideline			750 - 850		

Tuesday - 03/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990055 Chicken Boneless Wings Chunks	4 wings	1	170	0	11.00
000496 CRISPITO CHICKEN/CHILI	2 CRISPITOS	1	540	2	46.00
Weighted Daily Average			710	2	57.00
% of Calories				1.1%	32.1%
Weekly Nutrient Guideline			750 - 850		

Wednesday - 03/11/2020

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000391 HOT DOG W/BUN SEC	SANDWICH	1	410	4	24.30
000734 HAMBURGER PATTY W/BUN SEC	SANDWICH	1	310	3	22.00
001058 CHEESEBURGER W/BUN SEC	SANDWICH	1	350	4	23.00
Weighted Daily Average			1070	11	69.30
% of Calories				4.1%	25.9%
Weekly Nutrient Guideline			750 - 850		

Thursday - 03/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000372 SPAGHETTI W/MEAT SAUCE	SERVING	1	437	*9	42.00
001004 CHICKEN SANDWICH CRISPY	SANDWICH	1	350	4	36.00
000911 CHICKEN SANDWICH SPICY TYS	SANDWICH	1	120	3	22.00
Weighted Daily Average			907	*16	100.00
% of Calories				*7.1%	44.1%
Weekly Nutrient Guideline			750 - 850		

Friday - 03/13/2020

Reimbursable Meal Total 1

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000858 PIZZA BIG DADDY BOLD	SLICE	1	400	6	43.00
000635 PIZZA BIG DADDY W/ PEPPERONI	SLICE	1	466	6	43.00
000637 PIZZA BIG DADDY W/SAUSAGE CRUM	SLICE	1	456	*6	43.00
000991 FISH FILET SANDWICH	SANDWICH	1	280	4	38.00
Weighted Daily Average			1601	*22	167.00
% of Calories				*5.5%	41.7%
Weekly Nutrient Guideline			750 - 850		

Monday - 03/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000742 CHICKEN POT PIE	4 OZ SERVINGS	1	498	*3	38.08
Weighted Daily Average			498	*3	38.08
% of Calories				*2.4%	30.6%
Weekly Nutrient Guideline			750 - 850		

Tuesday - 03/17/2020

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990047 Cheese Bites	28 g	1	280	0	28.00
000859 CHICKEN SWEET & SOUR W/RICE	SERVING	1	310	*22	45.81
Weighted Daily Average			590	*22	73.81
% of Calories				*14.9%	50.0%
Weekly Nutrient Guideline			750 - 850		

Wednesday - 03/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990054 Chicken Drumstick Breaded	4.75oz	1	229	0	8.00
000908 DINNER ROLL DOUGH 2.2 OZ	ROLL	1	150	5	30.00
001156 PRETZEL WITH CHEESE SAUCE SEC.	EACH	1	350	*4	*4.00
Weighted Daily Average			729	*9	*42.00
% of Calories				*4.9%	*23.0%
Weekly Nutrient Guideline			750 - 850		

Monday - 03/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000030 CHICKEN FAJITA	FAJITAS	1	365	*3	30.45

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001149 CHICKEN NACHOS W/QUESO	SERVINGS	1	516	4	42.90
000479 BBQ RIB W/BUN	SANDWICH	1	310	10	32.00
Weighted Daily Average			1191	*17	105.34
% of Calories				*5.7%	35.4%
Weekly Nutrient Guideline			750 - 850		

Tuesday - 03/31/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000738 PHILLY STEAK SANDWICH	SANDWICH	1	397	*7	48.96
000621 TETRAZZINI TURKEY	1 CUP	1	250	*3	26.29
Weighted Daily Average			647	*10	75.26
% of Calories				*6.2%	46.5%
Weekly Nutrient Guideline			750 - 850		

	Cals ¹ (kcal)	Sugars (g)	Carb (g)
Weighted Averages	954	*12	*92.32
% of Calories		*5.0%	*38.7%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.